



International
Fellowship of
Flying Rotarians

Scandinavian section Fly In Nummela and Helsinki, 3rd - 6th August 2023



Picture Kari Ylitalo / Helsinki Partners

A warm welcome to Helsinki!

In a brochure by *Kuudes* Helsinki is described like this:

Helsinki is a peaceful ecosystem that evolved by the open sea, hidden from view. Helsinki is more happening than ever, yet its quietness - the utter lack of noise - is breathtaking. How can a city be so urban and so natural at the same time? Helsinki is opening up to the world, but without losing its kind heart, its emotional core of safety and homeness.

Helsinki is capital of Finland and also the country's most important centre for politics, education, finance, culture, and research.

Although Helsinki own airfield in the heart of the city is since a few years ago closed the general aviation community has quickly adapted and moved to surrounding airfields. One of these airfields is Nummela (EFNU) that with its paved runways and proximity to Helsinki offers good conditions for our Fly In. Participants coming with airliners arrive to Helsinki-Vantaa airport from where there is good connections to center of Helsinki. The program of the event will take place in Helsinki.

The program contains elements from at best current change in the Nordic security policy, shopping, architecture, history and a pick of what Helsinki has to offer. And we haven't forgotten to reserve time for fellowship and spare time. Last but not least Fly Home via Saarenmaa offers an opportunity to get acquainted with Saarenmaa in Estonia on the way home.

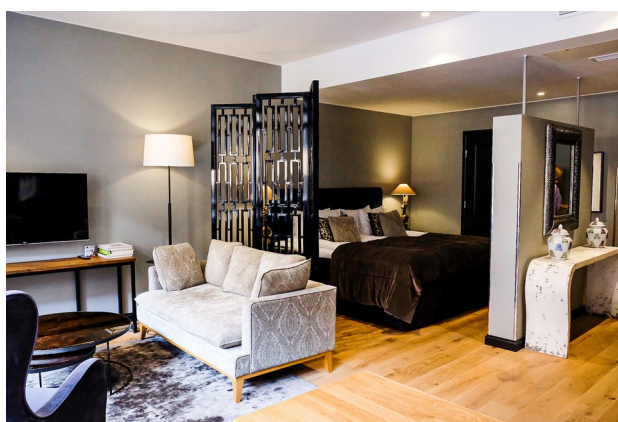
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Thursday 3rd August

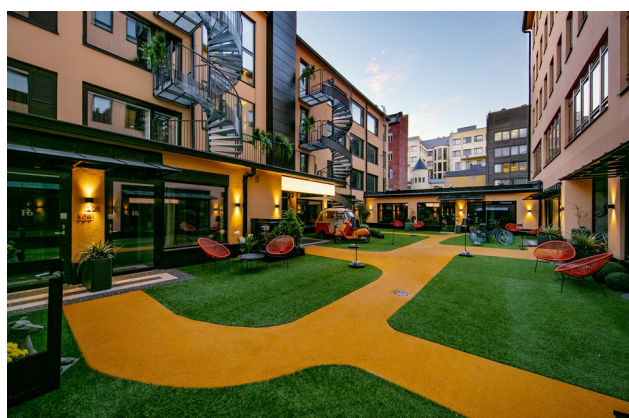
After landing snacks and drinks are served at the airfield. We will receive a greeting from the Municipality of Vihti, where Nummela airport is situated. Airfield manager Tom Arppe will tell about the airfield and activities in connection to it. He and many others has been actively developing the airfield to handle more traffic than before. This has meant developing the infrastructure, new environmental permits, methods and also the community at the airfield.

We will have transportation from airfield to the hotel. It takes about one hour from Nummela airfield to centre of Helsinki.

Cozy luxury provided by Hotel F6



Pictures Hotel F6



Hotel F6 is in the heart of Helsinki. They describe themselves as follows:

Hotel F6 treats its guests with a relaxed atmosphere accompanied by a unique, homelike feeling. The hotel is located in the heart of Helsinki, only a stone throw away from the Esplanadi Park. The family owned hotel has 76 rooms. We have rooms in three different room categories: Standard, Superior and Deluxe. All of our rooms are well equipped and great for winding down after your busy day. Deluxe rooms are especially comfortable and spacious.

Our breakfast hosts the guests in homey fashion, it being served and prepared before them. Our buffet is a selection of carefully chosen treats with focus on organic and local products.

Hotel F6 has also a laid back and award winning bar that serves inventive cocktails and interesting wines - Bar Runar prioritizes good feeling and world class flavours.

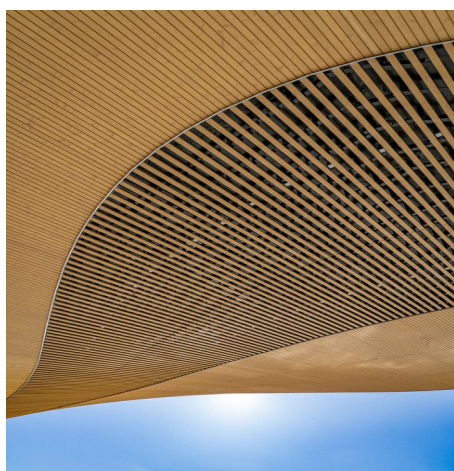
We get a 15% discount with our reservation code **IFFR2023**. The discount is valid between 2nd and 7th of August in case someone wants to arrive earlier and/or leave later. Booking and possible changes are directly with the Hotel, more details further in this flyer.

In the evening we all gather together to a restaurant to be announced later.

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Friday 4th August

After breakfast at the hotel Friday starts with a 20 minutes walk through the centre of Helsinki to Helsinki Central Library Oodi. During the walk we will pass Esplanade park, Stockmann department store, Ateneum art museum and the Railway station. After the walk we will be split into groups and get a guided tours of Oodi.



Picture Mika Ruusunen / Helsinki Partners

Oodi is Helsinki's new Central Library and a living meeting place in the city centre on the Kansalaistori Square. Oodi is a venue for events, a house of reading and a diverse urban experience. It will provide its users with knowledge, new skills and stories, and will be an easy place to access for learning, story immersion, work and relaxation. Oodi is a library of a new era, a living and functional meeting place open for all.

More about Oodi: <https://www.oodihelsinki.fi/en/>

Once in Oodi, we take advantage of the services the building offers by receiving a topical lecture on the changed security policy situation in the Baltic Sea area. Finland and Sweden have applied for NATO membership, which of course makes the topic highly current. We have managed to engage the highly regarded PhD Risto E. J. Penttilä to give us a lecture on the subject. Mr. Penttilä holds a PhD from University College, Oxford and has been a public debater for decades, actively participating in the debate on Finland's NATO membership and publishing on the subject. The exact title of the lecture will be announced later. Read more about lecturer Penttilä here: https://en.wikipedia.org/wiki/Risto_E._J._Penttil%C3%A4

After Oodi Mrs. Irmeli Viherluoto-Lindström, PDG for district 1420, takes us on lunch and shopping. Please see appendix for more details about this. If you wish, you can choose to go on lunch and have spare time by your self.

IFFR Scandinavia AGM 2023 is held directly after lecture at Oodi.

The Gala dinner is held in the Handelsgillet's (Helsinki Trade Guild) banquet hall. Handelsgillet is just a short walk (250 m, 3 min) from the hotel.

Handelsgillet is one of the oldest associations in the country, founded in 1857, and has about 1,000 members.

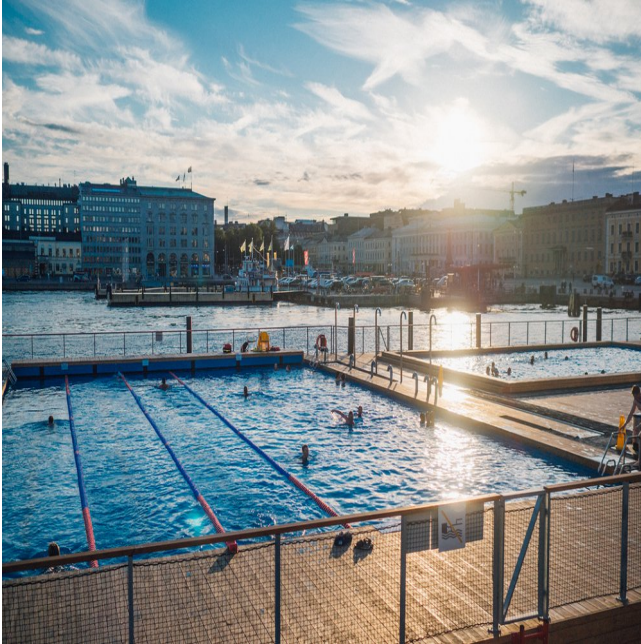
The purpose of the association is to promote domestic business. It does this by organising lectures and seminars on topical subjects. Programmes are organised for members and for other interested parties.



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Saturday 5th

For those with early habits, Saturday morning offers something very special. We visit Allas which is only 15 minutes away from the Hotel on foot. Allas offers the possibility of sauna and swimming in a sea pool. This could be your first swim in the centre of a capital city!



Picture Julia Kivelä / Helsinki Partners

Allas Sea Pool is a marine spa and an oasis of urban culture right at the heart of the city. It offers new ways of enjoying the Baltic Sea, just a stone's throw away from the Market Square and other main attractions. Allas is open all year round, providing unique experiences and recreational activities for townies and travelers. The marine spa has three saunas, two warm water pools and one sea water pool, to which the water is pumped from nearby streams and filtered clean. In addition to these, an outdoor gym, restaurant & café -services, guided wellness- & sports lessons and culture events are on offer. More about Allas: [Frontpage - Allas Sea Pool](#)

After breakfast, we continue discovering Helsinki and Finland's history in the city's southernmost districts. We split into groups and take turns to explore the architectural treasures of Helsinki and visit the Mannerheim Museum. The Mannerheim Museum is a 20-minute walk from the hotel, and so is the starting point of the architectural walk. Both groups are guided. The groups change themes at the museum.

The Mannerheim Museum is dedicated to preserving and displaying items related to the life and times of Marshal C. G. E. Mannerheim. He served as the military leader of the Whites in the Finnish Civil War of 1918, as Regent of Finland (1918-1919), as commander-in-chief of Finland's defence forces during the period of World War II (1939-1945), as Marshal of Finland (1942-), and as the sixth president of Finland (1944-1946).

More: https://en.wikipedia.org/wiki/Carl_Gustaf_Emil_Mannerheim



Picture: Mannerheim museum

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Picture: Omar El Mrabt / Helsinki partners

Entire neighbourhoods in Helsinki exude the magnificent forms, colours and materials of the Art Nouveau movement that flourished in the late 19th and early 20th centuries. Helsinki is indeed a unique city of Art Nouveau architecture on the global scale, boasting no less than 600 “Jugend” buildings - more even than in Barcelona or Brussels

More:

*<https://www.myhelsinki.fi/en/see-and-do/helsinki/%E2%80%99s-art-nouveau-highlights>
<https://helsinkijugendstil.com/>*

After museum and architectural walk it is time for lunch with PDG Irmeli Viherluoto-Lindström at Café Ursula. The café is beautifully located right by the sea and offers something for all tastes. You can also choose to spend lunch time and the afternoon by your own.

Saturday evening takes us on a dinner cruise through the beautiful archipelago of Helsinki. Start and return is from the market square just a stone's throw from the hotel. We are back from the cruise at 21.00 to give time for a good nights sleep before next days flight.



Picture: Royal Line

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Sunday 6th

After breakfast transportation by bus to Nummela airport for briefing and Fly Home via Saarenmaa or Fly Home Direct.

Fly Home via Saarenmaa

The Fly Home via Saarenmaa event is hosted by the active Rotarian and hotel owner Mr. Heldur Allese. The event starts with a appx. one and a half hour flight from Nummela to Kuressaare, EEKE. There is transportation arranged to Hotel Saaremaa, see attached invitation for more details. Fly Home via Saarenmaa is payed directly to Hotel Saaremaa on arrival at the hotel. Please indicate your interest in participating on the registration form.

General

Helsinki is best experienced on foot and the programme is designed accordingly. We will not hire a bus but if needed we will arrange transport for individuals. Please let us know in advance.

For pilots

IFFR offers on its web pages good advice with regard to flight safety during it's events. Please refresh your memory by familiarising yourself with the documents available on the site. Always follow good airmanship and let the flight adventure take the time it needs. <https://iffr.org/organising-events/>

Scandinavian section Fly In

Nummela and Helsinki, 3rd - 6th August 2023

Timetable

Thursday August 3rd

- 11-14:00 Arrival at Nummela airport EFNU.
Sandwiches and drinks in the Nummela Airport Motel upon arrival.
- 14-14:30 A greeting from the Municipality of Vihti. Information about Nummela airport.
- 14:30 Departure on bus to Hotel F6, Helsinki
- 15:30 Arrival at hotel
- 19:00 Dinner at place to be announced later
- 21:30 On your own; Drinks in the bar or a night on the town!

Friday August 4th

- 09:00 Departure on foot to Helsinki central library Oodi. 20 minutes walk.
- 09:30 Guided tours at Oodi, approx. 20 pers per group
- 11:00 Lecture by PhD Risto E. J. Penttilä about Finland and Sweden as new members of NATO. The title of the lecture will be announced later. Oodi auditorium Maijansali
- 12:15 Lunch and shopping with Irmeli Viherluoto-Lindström, PDG D1420. See attached appendix for more details
Lunch and spare time on your own
AGM 2023 IFFR Scandinavia in Maijansali
- 17:00 AGM 2023 IFFR Scandinavia at Hotel in case needed
- 19-23 Gala dinner at Restaurant Handelsgillet;
<https://www.gillet.fi/tilat/festsal/>

Saturday August 5th

- 8:00 Breakfast for swimmers and sauna visitors
- 8:30 Departure on foot to Allas - An urban Oasis for morning swim and Sauna. 10 minutes walk. <https://allasseapool.fi/?lang=en>
- 10:45 Departure on foot to Ullalinna, a 10 minutes walk
- 11:00 1. Guided tour to discover the architectural secrets of one of Europe's great Art Nouveau cities. <https://helsinkijugendstil.com/>
2. Guided visit to Mannerheim Museum, <https://www.mannerheim-museo.fi/en/>
- 12:00 1. Guided visit to Mannerheim Museum
2. Guided tour to discover the architectural secrets of one of Europe's great Art Nouveau cities
- 13:15 Lunch at café Ursula with Irmeli Viherluoto-Lindström, PDG D1420.
Lunch and spare time on your own.
- 17:30 Departure on foot to cruise boat. Totally 15 minutes walk
- 18-21:00 Archipelago cruise and dinner; https://royalline.fi/en_US

Sunday August 6th

- 8:30 Departure by bus to Nummela airfield
Fly Home via Saarenmaa. See attached appendix for more details.
Fly home direct.

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Nummela, EFNU airfield

EFNU is located 20NM west of Helsinki Vantaa airport. Since Helsinki Malmi was closed a few years ago Nummela is one of the airfields that has become the new home airfield for many airplanes from Malmi.

Be sure to familiarize yourself with the information and procedures of EFNU. The airfield has good web-pages in English: <https://efnu.fi/briefing/>

Please note that the English pages have their own tabs under the web page menu.

The airfield is uncontrolled and has lively glider activity. Listening to the airfield frequency, following the procedures and clear traffic messages including your intentions are therefore important.

We will inform Helsinki Radar about the event so that they know in advance.

Cost of the program in Helsinki

Participation fee includes transportation from and to Nummela, snacks, dinners for three evenings, program at Oodi and Mannerheim museum and architectural walk and cruise. Dinner includes a glass of wine or equivalent, more drinks at own cost. Participation fee is 375,- € pp.

Please remit payment before July 1st to the following account:

IFFR Finland Co/Erik Rosenlew, Nordea Bank, Satamaradankatu 5, 00020 NORDEA, Helsinki Finland

IBAN: FI79 1590 3500 6237 13, SWIFT Code (BIC): NDEAFIHHXXX

Payment will secure your booking.

Hotel booking is made directly with the hotel. IFFR Scandinavia has a block booking at the hotel for a discounted rate from the day rate. Your booking should be made before July 6th, 2023. Please refer to booking code **IFFR2023** when you make your booking.

Hotel F6, Fabianinkatu 6, 00130 Helsinki.

Web-site: <https://hotelf6.fi>

Reception phone: +358 9 68999 666, email: sales@hotelf6.fi

Breakfast is included in room price.

Maximum number of participants are 55 and program is subjected to not less than 40 participants.

Any questions, contact Erik Rosenlew by email erik.rosenlew@gmail.com or mobile +358 40 525 6030

Cost of Fly Home via Saarenmaa

The fee for Fly Home via Saarenmaa is paid to Hotel Saaremaa up on arrival. See appendix for details.

Registration

Register for the Fly In and Fly Home via Saarenmaa by filling in the online registration form. <https://forms.gle/rzeTTHzQk6pTRyjEA>

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An invitation from district 1420 PDG Irmeli Viherluoto-Lindström to join her for lunch and shopping.

Friday August 4th afternoon 13.00-16.00

Dear flying Rotarians and partners, it would be a pity to leave Helsinki without having explored its speciality shops and bringing home something truly original Finnish.

What do you think of Friday afternoon's walking tour of Esplanadi Park's best shopping streets in the heart of Helsinki? But before that, I'd like to take you out for a light lunch at the Esplanade's gem, Kappeli.

Kappeli was built in 1867 in the middle of Esplanade, in the heart of Helsinki. It was the place to be and the place to be seen. Even today Kappeli's café is one of the most traditional meeting places especially during summer time in Helsinki.

At lunch we could discuss what you would like to see - clothes, glass, ceramics or jewellery? I have collected a list of traditional Finnish but at the same time international design, shops located near your hotel and the surroundings of Esplanadi park.



We could start our walking shopping from Arabia Store Esplanadi, Arabia's beloved patterns and classic shapes just opposite Kappeli.

Iittala glassware is famous throughout the world for their distinctive, carefully crafted and eye-catching shapes. A good place to buy Iittala glass products is Iittala Glassware located at Pohjoisesplanadi.

Everybody knows Marimekko, at least by name! Marimekko the Finnish lifestyle design company renowned for its original prints and colours. The product portfolio comprises high-quality clothing, bags and accessories as well as home décor items ranging from textiles to tableware.

Kalevala Koru is also located on Pohjoisesplanadi. Known for their vivid and bold shapes, the designs of Kalevala jewellery often come from the Kalevala - a colorful national epic. Some designs are replicas of ancient Iron Age jewellery found by archaeologists.

We could end our walking tour at the Artek Helsinki store on Keskuskatu. Artek offers inspiration for your home. On two floors there is a selection of carefully selected classics and novelties from Artek and the most important Finnish and international design brands.

A glass of wine or a cold beer could end our tour!

Saturday 13.15/13.30 lunch at Café Ursula

Café Ursula is a popular living room by the beautiful Kaivopuisto beach. After lunch, we could walk back to the hotel either through Kaivopuisto and Observatory Hill Park or walk along the beach and admire the wonderful seascapes.

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Invitation

You are welcome to take part in the holiday trip of the Estonian Rotary Club, which will take place in Saaremaa on August 6th and 7th, 2023. Saaremaa Beach Hotel welcomes everyone to relax, enjoy the beautiful beach, pure untouched nature delicious food, hiking trails and good company.

Arrival day 06.08

Available transfer Kuressaare airport - hotel 10 eur

Refreshing lunch on arrival 13.00 - 14.00 price 20 eur

Short rest after lunch;

Excursion to the beautiful places and sightseeings of Saaremaa 14.30 - 18.00 price 30 eur

Gala dinner "Flying Rotary" 19.30 - 23.00 price 48 eur

Next day 07.08

Breakfast at 8:00 - 10:30

Available transfer hotel - Kuressaare airport 10 eur

The following accommodation special prices apply to Rotary members when booking in advance:

Standard room 78 euros

Superior room 98 euros

Superior with balcony 118 euros

Suite 238 euros

All accomodation prices include breakfast

The given prices are valid on August 6th - 8th, 2023

Sincerely

Heldur Allese

Saaremaa Rotary Club

1420 district Board Member

Phone +372 5093069

